

[Licensed Mental Health Professional Letterhead]

Date: [MM/DD/YYYY]

[University Name] Housing Office

[University Address]

[City, State ZIP]

RE: Emotional Support Animal Accommodation Request for [Student's Full Name]

To Whom It May Concern,

I am writing as a licensed mental health professional [License Type and Number] regarding my patient, [Student's Full Name], who is currently enrolled at [University Name] and seeking accommodation for an emotional support animal in campus housing.

I hereby confirm that:

1. Student Information:

- Name: [Student's Full Name]
- Student ID: [Student ID Number]
- Current Enrollment Status: [Full-time/Part-time]
- Academic Year: [Current Academic Year]
- Current Patient Status: Active
- Diagnosis: [Student] has been diagnosed with a condition listed in the Diagnostic and Statistical Manual of Mental Disorders (DSM-5). The specific diagnosis is [ICD-10 Code: FXX.X - Brief Description]

2. Treatment Relationship:

- [Student] has been under my professional care since [MM/YYYY]
- Our most recent consultation occurred on [MM/DD/YYYY]
- Our treatment plan is ongoing and includes regular sessions

3. Academic Impact and ESA Necessity:

- [Student]'s condition significantly impacts their ability to function in an academic environment
- The stress of college life, including academic pressure, social challenges, and living away from home, exacerbates [Student]'s symptoms
- I have determined that an emotional support animal is necessary for [Student]'s mental health and academic success
- The presence of the emotional support animal provides:
  - Emotional stability during academic stress
  - Comfort and companionship in an unfamiliar environment
  - Support during periods of homesickness and social adjustment
  - Assistance with maintaining daily routines and self-care

- Reduction in anxiety related to academic performance and social interactions

4. Animal Information:

- Type/Breed: [Animal Type/Breed]
- Name: [Animal Name]
- Age: [Animal Age]
- Weight: [Animal Weight]
- Temperament: [e.g., "Well-behaved, quiet, suitable for dormitory living"]

This letter is written in accordance with the Fair Housing Act (42 U.S.C. § 3601 et seq.) and the Americans with Disabilities Act (ADA), which require educational institutions to make reasonable accommodations for students with disabilities, including those requiring emotional support animals.

The emotional support animal's presence is essential for [Student]'s mental health and academic success. Without this accommodation, [Student]'s condition is likely to be exacerbated, potentially affecting their academic performance and overall well-being.

Please note that emotional support animals are not required to have specialized training (unlike service animals) as their therapeutic benefit is derived from their presence and companionship.

If you require verification of my credentials or additional information regarding this accommodation request, please contact me directly at the information provided below. I would be happy to answer any questions regarding this recommendation within the bounds of patient confidentiality.

Sincerely,

[Signature]

[Full Name of Licensed Professional], [Credentials]

[License Type and Number]

[Practice Name]

[Practice Address]

[Phone Number]

[Email Address]